**Kinesiology – Physical Education & Health PEDH (Vancouver)**

**Program Description:**

Kinesiology focuses on the biophysical and psychosocial dimensions of human movement. The revised program offers three streams that are unique among Canadian universities: Interdisciplinary Studies, Health Science, and Physical & Health Education. The first two years of study are common to all streams, with your Major determined at the start of your second year.

The Physical and Health Education stream (PEDH) prepares students for leadership and instructional careers in a variety of physical activity and sport settings in both public and private agencies. Students in the PEDH program who wish to enter the faculty of education to pursue school-based physical education teaching careers, following completion of the BKIN, will have fulfilled Faculty of Education admission requirements through the course requirements of the PEDH stream. The Physical Education and Health stream is an accredited program certified by the Canadian Colleges and Universities Physical Education and Kinesiologists Association (CCUPEKA). Students are able to complete minors in Land and Food Systems, Science, arts, or Commerce.

**UBC Features:**

The Kinesiology Co-op program lets you gain practical knowledge related to your field with work-study credits at a range of organizations including hospitals, physical rehabilitation centres, professional sports teams, schools, and more. The School of Kinesiology includes 13 research laboratories, including the innovative Health and Integrative Physiology Laboratory, the Cardiovascular Physiology and Rehabilitation Laboratory, and the Human Neurophysiology Laboratory.

**Sample Courses:**

HKIN 303 – High Performance Conditioning in Physical Activity and Sport
HKIN 365 – Foundations of Coaching

**Related Links:**

[Kinesiology Streams](http://kin.educ.ubc.ca/students/prospective/streams/)
[More Kinesiology information for prospective students](http://kin.educ.ubc.ca/students/prospective/)

**Other programs you may be interested in:**

[Health & Society – minor](http://you.ubc.ca/ubc_programs/health-society/), [Human Kinetics (Okanagan) – Clinical Exercise Physiology](http://you.ubc.ca/ubc_programs/human-kinetics-clinical-exercise/), [Kinesiology (Vancouver) – Interdisciplinary Studies](http://you.ubc.ca/ubc_programs/kinesiology-interdisciplinary-studies-vancouver/), [Nutritional Sciences](http://you.ubc.ca/ubc_programs/nutritional-sciences/), [Occupational Therapy](http://you.ubc.ca/ubc_programs/occupational-therapy/), [Physical Therapy](http://you.ubc.ca/ubc_programs/physical-therapy/), [Cellular, Anatomical & Physiological Sciences](http://you.ubc.ca/ubc_programs/physiology/), [Rehabilitation Science](http://you.ubc.ca/ubc_programs/rehabilitation-science/)

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